



Protectas

## Checklist: "Secure Your Gym in 10 Points"

You've invested in all the necessary machines and equipment to provide your members with a complete workout, but have you considered the security of your gym? This checklist gives you an overview of safety in your facility while providing tips to enhance the security of your members.





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## Opt for smart access card systems

Many gyms already use access card systems, and we understand the reasons for this choice due to the numerous benefits they offer. Before entering the premises or at the reception, members can register their membership cards. This not only ensures that only authorized members have access to the facilities but also keeps an accurate record of people who have passed through the doors and the time they did so.

This function can be crucial in case of an incident, as it quickly identifies the individuals present in the facility at that time. Another significant advantage is the ability to print your company logo on the access card, serving as a small marketing strategy that your members will always carry with them.





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## 2 Secure your premises during unsupervised periods

Do you close your premises in the evening and at night? How do you ensure security in the absence of staff? By using a connected intrusion alarm, you can rest easy at home.

Our application allows you to check the connection and operation of the alarm remotely. In the event of an incident, our alarm center is immediately alerted and can intervene quickly.

## 3 Monitor emergency exits

In a gym, many members get creative by inventing new exercises that require open spaces, leading to the movement of equipment within the premises. It is essential to regularly tour the premises to ensure all equipment is properly stored.

On one hand, this facilitates the location of members and improves service, and on the other hand, it is crucial to ensure safety by ensuring that equipment is always in its place. It is also essential to prevent weights or other equipment from blocking emergency exits or fire extinguishing systems.





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## **4** Conduct self-assessment

How are you currently managing fire safety and your ability to maintain control of your working environment? Are you using documents and notebooks to record your observations and necessary adjustments? If you work with Protectas, we will conduct an on-site risk assessment, documenting all hazards and necessary corrective measures.

We can also help you establish a checklist for your self-inspections. This checklist is accessible via an iPad application, making it easy to document your inspections. This way, your documents will not be lost in case of a fire but will remain safely stored in the cloud.

## **5** Update your fire extinguishers

Fire extinguishers should be located within 25 meters, and their content should be suitable for the nature of your premises and the type of fire that may occur.

It is also essential not to overlook the annual inspection of your fire extinguishers. This check ensures that there is enough compressed air, and the content is still usable. If you don't know when your fire extinguishers were last checked, look for a small white sticker on the side of each unit indicating the date of the last maintenance.



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## Review fire alarm and evacuation system

In the event of a fire, it is essential that everyone in your premises knows the procedures to follow.

- Are all your premises equipped with smoke detectors?
- How is your fire alarm and evacuation system configured, and is it operational?

We recommend testing it regularly, every month and every quarter, to ensure it is functioning correctly.



## Establish clear procedures for your staff

In a fire situation, it is essential that your team is well-informed about the procedures to follow. Does your staff have the necessary knowledge and training? This includes not only the ability to use extinguishing equipment such as fire extinguishers but also the skill to guide team members to safety in the event of a major fire. It is essential that your employees have the skills they need, and it is equally important to have a clear training plan that indicates which employees have undergone which training and the next employee to be trained.





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## Demand clear commitments from owners

Many companies and organizations excel in training and implementing technical fire protection measures. However, what is often lacking is a clear definition of responsibilities. If you rent premises, it is essential to have precise documentation to share with the owner, clearly stating who is responsible for what in terms of fire safety, equipment acquisition, and repair costs. This helps avoid potential disputes in case of a fire by clearly establishing who is responsible for what.



## Invest in long-term security

Security measures may seem costly and complex, but it is essential to remember that the consequences of an accident can be very expensive. Therefore, ensure the protection of yourself and your employees by keeping this list of security measures up-to-date and reassessing it periodically. Safety imperatives and standards evolve over time, meaning that managing security is not a one-time process but rather an ongoing effort without a definite beginning or end.





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## Get assistance from a security partner

Protectas accompanies you from start to finish in securing your operations. We begin with an initial risk assessment and provide you with the expertise and security equipment needed. As your business evolves, we help you upgrade your security solutions to meet your needs. This way, you can continue your operations with peace of mind and focus on the development of your business.

Whether for the entire project, from installation to after-sales and operational services, or for specific segments, we adapt to your needs. You have the choice. By choosing Protectas for all stages of the project, you are guaranteed to have a single point of contact, simplifying the management of all your information. This approach eliminates the need for detailed planning with multiple providers.



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